

The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance. The main title is centered in the upper half of the slide.

MANAGING PATIENTS WITH SUBSTANCE USE DISORDERS

PATIENT OUTCOMES IN A FAMILY MEDICINE CLINIC

PATIENT RS

- PT IS A 74 YO HISPANIC MALE WHOSE TREATMENT DIAGNOSIS'S ARE SIGNIFICANT FOR:
 - OPIATE DEPENDENCE
 - OPIATE DEPENDENCE OPIATE INDUCED SLEEP DISORDER
 - CHRONIC BACK PAIN WITH SCIATICA
 - ANXIETY
 - DEPRESSION

PATIENT RS CONTINUED

- PARTIAL MEDICATIONS INCLUDE:
 - NUCYNTA 50 MG ER DAILY
 - FENTANYL 25 MCG Q 72 HRS
 - NORCO 10MG/325MG Q 6 HRS PRN BREAKTHRU PAIN
 - XANAX 1 MG TID FOR ANXIETY

RS MANAGEMENT

- WHAT TO DO:
 - INSTITUTED PAIN CONTRACT FOR CHANGE
 - EDUCATED PATIENT ON THE DANGERS OF OPIATE USE AND BENZODIAZEPINES
 - WORKED ON A TITRATION PLAN WITH THE PATIENT TO GRADUALLY BRING HIM OFF HIS MORE DANGEROUS OPIATES AND STARTED HIM ON A HOME EXERCISE AND WEIGHT LOSS PROGRAM
 - USED WASHINGTON STATE AGENCY OPIOID DOSE CALCULATOR
 - [HTTP://AGENCYMEDDIRECTORS.WA.GOV/CALCULATOR/DOSECALCULATOR.HTM](http://AGENCYMEDDIRECTORS.WA.GOV/CALCULATOR/DOSECALCULATOR.HTM)
 - E-FORCSE®, FLORIDA'S PRESCRIPTION DRUG MONITORING PROGRAM
 - [HTTPS://FLORIDA.PMPAWARE.NET/LOGIN](https://FLORIDA.PMPAWARE.NET/LOGIN)

RS OUTCOME

- TODAY:
 - TITRATED OVER MONTHS FROM 1 MG TID TO 0.25 MG TID TO DAILY TO OFF ON HIS XANAX
 - CONTINUALLY CONGRATULATED PATIENT ON COMPLIANCE AND WATCHED A PATIENT WHO WE HAD CONSIDERED DISCHARGING DUE TO DISRUPTIVE AND ODD BEHAVIOR BECOME ONE OF OUR NICEST PATIENTS WE HAVE TODAY.

RS OPIATE OUTCOME

- TODAY:
 - TITRATED HIS FENTANYL AND NUCYNTA TO ZERO OVER A 6 MONTH TIMEFRAME AND TODAY THE PATIENT IS ONLY ON NORCO 10MG/325 MG Q 6 HOURS

SH PATIENT

- PT IS A 67 YO WF WHOSE TREATMENT DIAGNOSIS'S ARE SIGNIFICANT FOR:
 - OPIATE DEPENDENCE
 - CHRONIC LOW BACK PAIN WITH SCIATICA
 - ANXIETY
 - DEPRESSION

SH MEDICATIONS

- PAST MEDICATIONS:
 - FENTANYL 100 MCG Q 72HRS
 - PERCOCET 10/325 Q 6 HOURS
 - ZOLPIDEM 5 MG NIGHTLY
 - LORAZEPAM 1 MG THREE TIMES DAILY
 - LYRICA 100MG TWICE A DAY
 - SKELAXIN 800 MG THREE TIMES DAILY

SH MEDICATIONS

- CURRENT MEDICATIONS AFTER TITRATION REGIME:
 - OFF:
 - ZOLPIDEM, LORAZEPAM, FENTANYL, PERCOCET, SKELAXIN, & LYRICA
 - ON
 - CELEBREX 200 MG DAILY
 - CYMBALTA 60 MG DAILY
 - HYSINGLA ER 100 MG DAILY
 - OXYCODONE 15 MG PO Q 12 TO 24 HOURS PRN BREAKTHRU PAIN
 - TIZANIDINE 2 MG TID PRN MUSCLE SPASMS
 - NARCAN 4MG/O.1ML X1 PRN NASAL SPRAY FOR OVERDOSE SYMPTOMS

SH OUTCOME

- PT IS FEELING MORE IN CONTROL OF HER PAIN TODAY AND HER DEPRESSION AS WELL AS ANXIETY ARE STABLE. MAIN CONTRIBUTOR OF HER CONTROL HAS BEEN HER ENGAGEMENT IN TOTAL SYMPTOM MANAGEMENT: TREATING THE PSYCHOSOCIAL ASPECTS HAS ENABLED US TO HELP TITRATE HER MEDICATIONS MORE EFFECTIVELY.

RESOURCES

- [HTTPS://WWW.FMSFL.COM/CONTENTS/MORE-INFO/FMS-CONTROLLED-SUBSTANCES-POLICY](https://www.fmsfl.com/contents/more-info/fms-controlled-substances-policy)
- [HTTPS://SA1S3.PATIENTPOP.COM/ASSETS/DOCS/60336.PDF](https://sa1s3.patientpop.com/assets/docs/60336.pdf)
- [HTTPS://SA1S3.PATIENTPOP.COM/ASSETS/DOCS/60335.PDF](https://sa1s3.patientpop.com/assets/docs/60335.pdf)
- [HTTPS://SA1S3.PATIENTPOP.COM/ASSETS/DOCS/60334.PDF](https://sa1s3.patientpop.com/assets/docs/60334.pdf)
- [HTTPS://SA1S3.PATIENTPOP.COM/ASSETS/DOCS/60333.PDF](https://sa1s3.patientpop.com/assets/docs/60333.pdf)

The image features a light gray background with a subtle radial gradient. In the top-left and bottom-right corners, there are several realistic water droplets of various sizes, rendered with soft shadows and highlights to give them a three-dimensional appearance. The text "THANK YOU AND BEST WISHES" is centered in the upper half of the image.

THANK YOU AND BEST WISHES