

COURSE INFORMATION

PROGRAM DESCRIPTION

The 14th ANNUAL HYPERTENSION AND CARDIOVASCULAR SYMPOSIUM 2009 is a Category 1 CME activity. This year's course will be directed at evidence-based medicine to include clinical pathophysiology, diagnosis and treatment of hypertension, dyslipidemia, diabetes mellitus, renal disease, congestive heart failure and coronary heart disease.

PROGRAM PURPOSE

This CME activity is designed for the purpose of improving the knowledge and competency of physicians providing cardiovascular care, especially for patients with hypertension, dyslipidemia, diabetes, congestive heart failure, coronary heart disease, renal disease and related vascular disorders.

PROGRAM CONTENT

This program will include didactic lectures, group discussions, interactive panel discussion and workshops with clinical cases.

PROGRAM NEEDS ASSESSMENT

- Learner's self-assessment of professional gaps in practice as described from interviews and previous attendees' submitted program evaluations.
- The literature and recent clinical and epidemiologic studies, such as The Jupiter Trial, which emphasizes the importance of lipids and C-reactive protein in cardiovascular and coronary heart disease. The Accomplish Trial and ASCOT Study call into question the clinical use of diuretics and beta blocker for hypertension related to an increased risk in coronary heart disease and myocardial infarction as well as an increased risk for Type II diabetes over time as well as renal insufficiency.
- Review of referral patterns and drug usage data in the Hypertension Institute and the Saint Thomas Medical Group of over 250,000 patients demonstrating opportunities for physician performance improvement in evidence based treatment of hypertension, lipids, diabetes, renal disease, coronary heart disease, congestive heart failure, drug usage and treatment goals.

TARGET AUDIENCE

This course is designed for primary care physicians, including internists, family physicians, general practitioners and general surgeons, cardiologists, nephrologists, endocrinologists, neurologists, vascular specialists and hypertension specialists. Other allied health professionals such as nurses, pharmacists and residents are also invited to attend this activity.

FORMAT

Speakers will use a combination of lectures and interactive educational techniques. Panel Discussions and Meet the Professors Workshops will examine in detail the practice implications of the material presented. Clinical cases will be presented. Participants will be encouraged to ask questions related to practice issues. A syllabus will be provided at registration.

EDUCATIONAL OBJECTIVES

At the conclusion of this course, participants should be able to:

- Discuss diagnosis and drug therapy for diabetes mellitus and renal disease.
- Explain natural and drug therapy for hypertension and concomitant diseases.
- Diagnose and treat congestive heart failure and coronary heart disease.
- Identify risk factors and implement early interventions to prevent the development of congestive heart failure and coronary heart disease.
- Prescribe combination therapies for dyslipidemia, hypertension, diabetes mellitus, congestive heart failure, coronary heart disease, renal insufficiency and proteinuria with emphasis on reducing cardiovascular and renal outcomes.

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Consortium for Southeastern Hypertension Control (COSEHC) and the Hypertension Institute. The Consortium for Southeastern Hypertension Control is accredited by the ACCME to provide continuing medical education for physicians.

CME DESIGNATION

COSEHC is the designated CME provider for this educational program. COSEHC designates this educational activity for a maximum of 13.5 *AMA PRA Category 1 credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. The activity has also been submitted to the American Academy of Family Physicians for review of prescribed credits.

ACKNOWLEDGEMENT OF COMMERCIAL SUPPORT

This program is supported by unrestricted educational grants from several commercial sources. All commercial support information will be provided in the materials the participant will receive at the beginning of the meeting.

COMMERCIAL CONFLICTS OF INTEREST DISCLOSURES

All commercial conflicts of interest of the course's Planning Committee and course Faculty members will be disclosed to the course participants in the materials the participant will receive at the beginning of the meeting.

LOGISTICAL INFORMATION

LOCATION

This course will be offered at the Hilton Nashville Downtown, 121 Fourth Avenue South, Nashville, Tennessee.

LODGING

Attendees are encouraged to stay at the Hilton where block rooms are available. When making your reservation, be sure to tell them you are attending the Hypertension Symposium to receive the conference rate. The cutoff date for receiving the reduced conference rate is **August 31, 2009**. The Hotel is the location for all Symposium lectures and activities and is convenient. Registrants are responsible for making their own reservations.

Hilton Nashville Downtown
121 Fourth Avenue South
Nashville, TN 37201
Phone: (615) 620-1000

If you need additional hotel information, please call the Hypertension Institute at (615) 297-5551.

REGISTRATION

The registration fee for the entire two and one-half day course is \$595 if payment is received before October 1, 2009 or \$695 at the door. If you do not wish to attend the entire course, the registration fee is \$300 per day. The registration fee covers all program and educational material costs as well as expenses for refreshment breaks and lunches. To register, you can complete the form included in this brochure or you can register on-line at www.cosehc.org.

Early registration is encouraged. The room contains a limited number of seats.

EMERGENCY TELEPHONE

During the conference, you may be reached at (615) 620-1000. Telephones will be available.

AMERICANS WITH DISABILITY ACT

It is the policy of COSEHC and the Hypertension Institute not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the COSEHC Office of CME at (336) 716-8238.

FOR MORE INFORMATION...

Contact the Registration Secretary at (336) 716-8238 or Sherry Gill at (615) 297-5551.

SPEAKER INFORMATION

DAVID W. GIBSON, M.D., FACC
SAINT THOMAS HEART INSTITUTE
Nashville, Tennessee

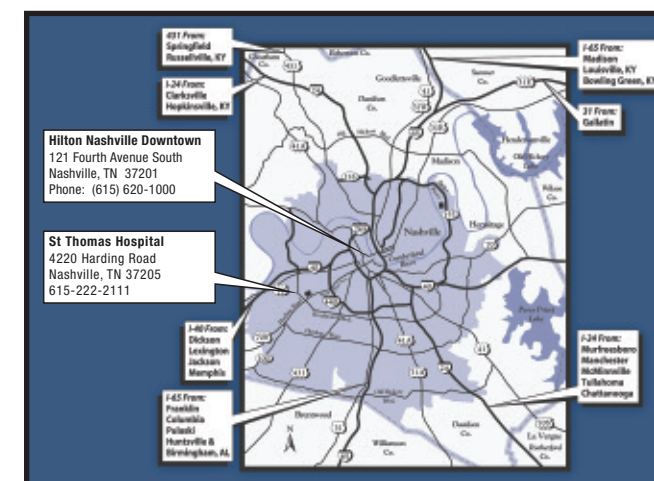
MARK C. HOUSTON, M.D., M.S., FACP, FAHA
Associate Clinical Professor of Medicine
VANDERBILT UNIVERSITY SCHOOL OF MEDICINE
Director, Hypertension Institute
Nashville, Tennessee

JON H. LEVINE, M.D.
Clinical Professor of Medicine
MEHARRY MEDICAL COLLEGE
Chief of Endocrinology
NASHVILLE GENERAL HOSPITAL
Nashville, Tennessee

DOUGLAS J. PEARCE, M.D.
Medical Director, Comprehensive Heart Failure Program
SAINT THOMAS HEART INSTITUTE
Medical Director
SAINT THOMAS RESEARCH INSTITUTE
Nashville, Tennessee

ROBERT D. TOTO, M.D.
Mary M. Conroy Professorship in Kidney Disease
Distinguished Teaching Professor
Department of Internal Medicine
THE UNIVERSITY OF TEXAS SOUTHWESTERN MEDICAL CENTER DALLAS
Dallas, Texas

DANIEL E. WISE, M.D., FACC, ABCL
CARDIOLOGY SPECIALISTS OF THE CAROLINAS, P.A.
Charlotte, North Carolina



14TH ANNUAL HYPERTENSION & CARDIOVASCULAR SYMPOSIUM 2009



SPONSORED BY:
HYPERTENSION INSTITUTE
SAINT THOMAS MEDICAL GROUP
SAINT THOMAS HOSPITAL
Nashville, Tennessee

Continuing Medical Education Joint Sponsorship
with
**THE CONSORTIUM FOR SOUTHEASTERN
HYPERTENSION CONTROL (COSEHC)**
Winston-Salem, North Carolina

**THURSDAY – FRIDAY,
OCTOBER 1-2, 2009**

Offered At:
Hilton Nashville Downtown
121 Fourth Avenue South
Nashville, TN 37201
(615)620-1000

For questions regarding the Symposium, please call Sherry Gill at 615-297-5551

AGENDA

14TH ANNUAL HYPERTENSION & CARDIOVASCULAR SYMPOSIUM 2009
OCTOBER 1-2, 2009

HELD IN THE ARMSTRONG 1 ROOM AT THE HILTON

THURSDAY, OCTOBER 1, 2009

MODERATOR:

MARK C. HOUSTON, M.D., M.S., FACP, FAHA

- 7:30 a.m.** Registration and Check-In
Continental Breakfast
- 7:55 a.m.** Welcome and Introductions
MARK C. HOUSTON, M.D., M.S., FACP, FAHA – Chair
JON H. LEVINE, M.D. – Co-Chair
- 8:00 a.m.** Integrative Treatment of Hypertension: Pharmacologic
and Nutritional Approaches
MARK C. HOUSTON, M.D., M.S., FACP, FAHA
- 9:00 a.m.** Questions and Answers
MARK C. HOUSTON, M.D., M.S., FACP, FAHA
- 9:15 a.m.** Diagnosis and Treatment of Diabetes Mellitus
JON H. LEVINE, M.D.
- 10:15 a.m.** Questions and Answers
JON H. LEVINE, M.D.
- 10:30 a.m.** Refreshment Break and Visit Exhibits
- 11:00 a.m.** Diagnosis and Treatment of Congestive Heart Failure
DOUGLAS J. PEARCE, M.D.
- 12:00 noon** Questions and Answers
DOUGLAS J. PEARCE, M.D.
- 12:15 p.m.** Sponsored Lunch
Hilton Nashville Downtown

- 1:15 p.m.** Break and Visit Exhibits
- 1:30 p.m.** Workshop 1/Cases
Integrative Treatment of Hypertension: Pharmacologic
and Nutritional Approaches
MARK C. HOUSTON, M.D., M.S., FACP, FAHA
- 2:30 p.m.** Workshop 2/Cases
Diagnosis and Treatment of Diabetes Mellitus
JON H. LEVINE, M.D.
- 3:30 p.m.** Refreshment Break and Visit Exhibits
- 4:00 p.m.** Workshop 3/Cases
Diagnosis and Treatment of Congestive Heart Failure
DOUGLAS J. PEARCE, M.D.
- 5:00 p.m.** Adjourn

FRIDAY, OCTOBER 2, 2009

MODERATOR:

JON H. LEVINE, M.D.

- 7:30 A.M.** Registration and Check-In
Continental Breakfast
- 8:00 a.m.** Diagnosis and Pharmacologic Treatment of
Hyperlipidemia
DANIEL E. WISE, M.D., FACC, ABCL
- 9:00 a.m.** Questions and Answers
DANIEL E. WISE, M.D., FACC, ABCL
- 9:15 a.m.** Prevention/Treatment of CRI
ROBERT D. TOTO, M.D.
- 10:15 a.m.** Questions and Answers
ROBERT D. TOTO, M.D.
- 10:30 a.m.** Refreshment Break and Visit Exhibits
- 11:00 a.m.** Diagnosis and Treatment of Coronary Heart Disease
DAVID W. GIBSON, M.D., FACC
- 12:00 noon** Questions and Answers
DAVID W. GIBSON, M.D., FACC
- 12:15 p.m.** Sponsored Lunch
Hilton Nashville Downtown
- 1:15 p.m.** Break and Visit Exhibits
- 1:30 p.m.** Workshop 1/Cases
Diagnosis and Pharmacologic Treatment of
Hyperlipidemia
DANIEL E. WISE, M.D., FACC, ABCL.
- 2:30 p.m.** Workshop 2/Cases
Prevention/Treatment of CRI
ROBERT D. TOTO, M.D.
- 3:30 p.m.** Refreshment Break and Visit Exhibits
- 4:00 p.m.** Workshop 3/Cases
Diagnosis and Treatment of Coronary Heart Disease
DAVID GIBSON, M.D.
- 5:00 p.m.** Adjourn

REGISTRATION FORM

14TH ANNUAL HYPERTENSION & CARDIOVASCULAR SYMPOSIUM 2009

Name: _____

Mailing Address: _____

Daytime Telephone: () _____

Fax Number: () _____

E-Mail Address: _____

Specialty: _____

REGISTRATION FEE STRUCTURE:

Payment Received Before October 1, 2009	\$595.00
Two days	\$595.00
One day (Thursday or Friday)	\$300.00
Received after October 1, 2009	\$695.00
At the Door	\$695.00

I will attend the following (please check one)

- October 1-2, 2009
 October 1, 2009 ONLY
 October 2, 2009 ONLY

PLEASE MAKE CHECK PAYABLE TO COSEHC.

Mail registration form and check to

COSEHC
P.O. Box 5097
Winston-Salem, NC 27113-5097

- Check Visa Mastercard

Amount Enclosed: _____

Credit Card Number: _____

Expiration Date: _____ Security Code: _____

Signature _____

Register Online: www.cosehc.org

(Be sure that you are registering for the 14th Annual Hypertension & Cardiovascular Symposium on October 1-2, 2009 at the Hilton Nashville Downtown).

For personal assistance with registration, call COSEHC at 336-716-8238

Refund Policy: A processing fee of \$50.00 will be charged for cancellations received by September 23, 2009. Cancellations after September 23, 2009 will result in complete forfeiture of registration fee.

Hotel Information: Call the Hotel directly and ask for the "Hypertension Symposium Room Block." The cutoff date is August 31, 2009.

Hilton Nashville Downtown

121 Fourth Avenue South
Nashville, TN 37201
(615) 620-1000